

Northern Nevada Sierra Intergroup Newsletter

September 2021

Serving NNSI Region 2 in Reno, Carson City, Sparks, Gardnerville, Lake Tahoe and Bishop CA

For meeting schedule and more info, check out the NNSI website at www.oannsi.org.

STEP 9: SPIRITUAL PRINCIPLE: Love For Others. Made direct amends to such people wherever possible, except when to do so would injure them or others. TRADITION 9: SPIRITUAL PRINCIPLE: Structure. OA, as such, ought never be organized: but we may create service boards or committees directly responsible to those they serve. CONCEPT 9: SPIRITUAL PRINCIPLE: Ability. Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.
(from Sacramento Valley OA Intergroups's *Valley Voice* newsletter)

WANT ADS & NEWS

- OA's new Abstinence & Recovery Policy was amended to: "Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight. Spiritual, emotional, and physical recovery is the result of working and living the Overeaters Anonymous Twelve Step program on a daily basis."
- **NNSI Intergroup secretary position is open. Duties: Record & distribute all NNSI mtg minutes; notify member groups secretaries and IR's of Intergroup mgts; handle NNSI correspondence.**
- *OA Handbook for Members, Groups, and Service Bodies: Recovery Opportunities* e-book now available at bookstore.oa.org. learn how to strengthen your group or service body or work together to build a new group or service body.
- New special mtg focus types: "Asian Pacific Islanders" & "Black, Indigenous, and People of Color". *Find a Meeting* on OA.org.

UPCOMING EVENTS

- **Sept. 7, 7-8 PM** - OA Region 2, monthly mtg of [Public Information Committee](#).
- **Sept. 11** *Traditions Violations in Virtual Meetings*. Hybrid. Details at <https://oasandiego.org>.
- **Sept. 12** *The Promises of the Program*. <https://oavirtualregion.org/news-events/events/vrworkshops/workshops/>
- **Sept. 23, 6 PM EST** - Region 8 presents *Intergroups Helping Intergroups – Together We Can!* For further information contact Sarah S. at sarahellinsiegel@gmail.com
- **Sept. 25** *Step 10 – How to Turn it Around* <https://oavirtualregion.org/wp-content/uploads/2021/04/2021-4th-Saturday-Topics.pdf>
- **Sept. 25, 1-3 PM** *The 12 Steps are the Stairway to Freedom: The Tools are the Handrails*. 3 speakers & open sharing. <https://www.sacvalleyoa.org/donations-for-events.html> Zoom ID 975-2551-0932, passcode 326451, phone 1-409-638-0968
- **Sept. 26, 9AM EST** Region 8 presents "*Intergroups Helping Intergroups – Together We Can!*" For further information contact Sarah S. at sarahellinsiegel@gmail.com
- **Sept. 28** *Newcomer Night* <https://www.eventbrite.com/e/oasv-newcomer-nights-tickets-147890334973>
- **Sept. 28 7-8 PM** The Silicon Valley Intergroup presents "[Professionals Get to Know Overeaters Anonymous](#)".
- **Oct. 5, 7-8 PM** - OA Region 2 presents the monthly mtg of the [Public Information Committee](#).
- **Oct. 10, 12-1:30 PM** OA Virtual Region Intergroup presents [Applying the Traditions in Daily Life](#).
- **Oct. 15-17** The Central New Mexico Intergroup presents its annual silent retreat "[Acceptance is the Answer](#)" at the Pecos Monastery in Pecos, NM.
- **Oct. 22-24** Fall Region 2 Assembly. Doubletree Hotel, Burlingame, CA. Details at <https://www.oar2.org/fall-assembly.html#/>
- **Oct. 22-24** Region 6 presents it's 2021 Convention [Together We Can](#).
- **Oct. 23 12:30-2 PM EST** OA Virtual Region Intergroup presents [Sponsor and Sponsee-A Unique Relationship](#).
- **Nov. 2, 7-8 PM** OA Region 2 presents the monthly meeting of the [Public Information Committee](#).
- **Nov. 14, 12-1:30 PM** OA Virtual Region Intergroup presents [To carry the message to other compulsive overeaters](#).
- **Nov. 27, 12:30-2 PM EST** OA Virtual Region Intergroup presents [Trudging the Road to Happy Destiny](#).
- **Dec. 7, 7-8 PM** OA Region 2 presents the monthly meeting of the [Public Information Committee](#).
- **Dec. 12, 12-1:30 PM** OA Virtual Region Intergroup presents [Connection is the Opposite of Addiction](#).
- **Dec. 25, 12:30-2 PM EST** OA Virtual Region Intergroup presents [Step 2-Came to Believe](#) (subject to change).

ONGOING MEETINGS & EVENTS

The first Tues. of every month is a Public Information Committee mtg, 6-7 pm, <https://us02web.zoom.us/j/82243370683?pwd=eDZjM1FNMlZlYmVtUkVKVUZFblBJdz09>, ID: 822 4337 0683, Passcode: 279459

OA: A Vision For You Big Book Study Meeting. Live phone mtgs Mon-Fri. 4-6am PST, 7-8am PST. (712) 432-5210, Mtg ID 876148#. Live Sunday speaker mtgs: 5:30 am PST, (712) 432-5210, Mtg. ID 876148#.

To give or get info for the Reno, Carson City, Sparks, Gardnerville and Lake Tahoe and Bishop meeting schedule, contact Dee at (775) 392-4529. To submit info for upcoming newsletters, contact Marilyn at (760) 920-8013 or marilynphilip@gmail.com.